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2nd V.P.

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3rd V.P.

Gail Hubbard

Immediate Past

President:

Dave Hubbard

Board of Directors:

George Dooley, Bob Heenan,
Judy O'Neill, Renee
Schulte, Scott Newton, Al
Chavez, Lorraine Chavez,
Barbara Wright.

Tail Twister:

Brad Barras

Lion Tamer:

Linda Stephennson

Membership Director:

Bruce Gormley

Webmaster

E-Growl Pub.

Mike Narz

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President's message:



Who is not having fun yet this year? I know for a fact that it is not the Lions that spent last weekend in Catalina. 14 or 16 or 12 or I can't remember went over on the boat on Friday afternoon and we had a ball. My own Catalina trip started out in the bar at Catalina landing waiting for the boat where I met my new best friends, Ralph and Rosita from Puerto Rico. I was stationed in Puerto Rico when I was in the service and I saw that Ralph had on a shirt with Puerto Rico on the front. I bought them beers and they bought me beers.

By the time we arrived in Catalina I was almost having way too much fun. And it started going south from there. Don't ask me about falling off the wall at the welcoming Bar B Que (I am sure that I will be fined for that). Marilyn put me to bed sometime around 6:30 on Friday night and everyone else proceeded to have the best time in town without me. Let me tell you, golf on Saturday morning was a struggle. Played golf with Lion Gary and his lovely bride Sharmen (don't ask me my score). Free time on Saturday and then dinner at Steve's Steak House - great dinner. Wandering around town and met my new other best friends Malik, Sofa and Dafir guy, 3 rap and hip hop musicians that I met outside the Marlin Club. They were from Cleveland and they were die hard Brown's fans. Billy, you should have been there. Many thanks to Lion Dave and Lion Juliette for setting up the great weekend. Marilyn said that it was one of the best weekends we have been on in a long time as we only had to show up and everything was taken care of. For those of you who missed it, you really missed it. Some of us are thinking about making it a yearly event. BTW, we did visit the Lion's Club in Catalina but the president of their club who owns the local Yamaha golf cart sales/repair place had closed up shop for the day and we missed him.

Probably too late to remind everyone but this coming Saturday is the annual Chili cook off at Lion Dino's. Starts at 3, bring your crock pots full of chili and wear a costume. Prizes for best costume and chili. Guess that is about it for now. See you guys at a meeting. - Don't forget Lion's Christmas party coming up on Friday 12/12/2008 at the Old Ranch Country Club. Mark your calendars. I know I have probably forgotten something so remind me next time we meet. Thanks.

Yours in Lionism
Lion Ray.

Meeting schedule: First and Third Wednesday of the month. Meetings begin at 7pm sharp and are held at 'The Lone Star SteakHouse', 6575 E. Pacific Coast Highway, Long Beach, CA



Club Calendar

Saturday, November 1, 2008, Chili Cook off, 6812 Amy Ave., Garden Grove, 3PM

Sunday, November 2, 2008, Foothill Cabinet Meeting, 22751 Golden Springs Drive, Diamond Bar, Ca. 91765, 8:30 PM

Tuesday, November 4, 2008, Election Day

Wednesday, November 5, 2008, General Meeting & Board Meeting, Lone Star Steakhouse, 7 PM

Saturday, November 8, 2008, Orange County Central Lion's Spaghetti Dinner and Bingo, 9860 Larson Ave, Garden Grove, Ca. 92842, 5:30 PM

Monday, November 10, 2008, Harbor Mesa Lions Club, Fashion Show, Costa Mesa Country Club, 1701 Golf Course Drive, Costa Mesa, Ca., 7:00 PM

Tuesday, November 11, 2008, Veterans Day

Wednesday, November 19, 2008, General Meeting, Lone Star Steakhouse, 7 PM

Thursday, November 27, 2008, Thanksgiving.

Happy Birthdays to:

Terry Stephenson 11/03

Mike Maloney 11/04

Barbara Avakian 11/06

Bob Luther 11/12

Ray Longoria 11/21





District Governor's Message

Dear Lions, Leos and friends of District 4-L4:

Cabinet Secretary Nancy and I have just returned from the USA/Canada Form in Saskatoon, Canada. This was my first time and it will not be my last. In fact we have already booked for Memphis next year! It was a wonderful experience. There were excellent keynote speakers, informative seminars, lots of interaction between Lions of all levels - club, district and international.

You also have the chance to do a little sightseeing in a place you may not have visited before. We went to a Native American Cultural Center and learnt a lot about the first settlers in Canada, who our guide referred to as the "First Nations". We even joined in a round dance led by an incredible dancer and storyteller who was dressed in full regalia. I encourage you to make the effort to go to at least one Forum. You will come back invigorated and full of new ideas.

September 13th, It was a night I will not forget and everything was perfect - the food, the entertainment, the company, the fun we all had.

The Fall Region meetings are now finished and I was so pleased to see the enthusiasm shown by the participation in the contests and the high attendance. If you add all the members together there were more Lions overall than attend a Cabinet Meeting. The Region Chairs did an outstanding job in arranging the locations, food programs and entertaining, as well as being informative. If the Program Chair is having a difficult time finding program for a club meeting, there are several pages at the back of the District Directory which have information about the activities endorsed by our District, along with contact number, and our Program Coordinator, Lion Rod Wallace may be able to offer suggestions.

I hope to see all of you at the next Cabinet Meeting, which is at Diamond Bar Golf Club on Sunday, November 2, 2008. There will be a break out session about the 2008-2009 Student Speaker Program and a break out session on retention. More information will be coming soon. Please get your reservations in on time. Cabinet Secretary Nancy and I do not need more gray hairs than we are already hiding!

See you soon,
Always yours in Lionism,
Elizabeth
District Governor



Region Chairman's Message

"A well spent day brings happy sleep." By Leonardo da Vinci is an axiom that applies to the Seal Beach Leo Club. They held their 12th Annual Seal Beach Art Festival on Sept 6th & 7th. I was able to work along side some of these very energetic Leos. Their Leo Advisor Lion Scott Newton reported that 47 Leos worked. They sold over 1400 hot dogs, hamburgers and bratwurst. He forgot to tell me how many they ate themselves. Their Leo President Shaina Denny is a junior at Los Alamitos High School. Shaina has been a Leo for 6 years and she follows in the footsteps of her sister Jasca and brother Adam who were also Leo and past Presidents, Saturday September 20th the Seal Beach Host Lions provided the food and cooked for the Annual California Costal Cleanup Day along the San Gabriel Riverbed in Seal Beach.

Carol Linenham

Region Chairman

Lionism

While at an MD-4 Convention in Bakersfield, I went with some Lion to a nightclub. Between sets a women got up and said she was happy that there were Lions in the audience. She explained that as a child her vision was extremely poor and the Lions provided her with her first pair of glasses. Her vision was so bad that it was only then she realized that dirt was made up of tiny particles. She turned out to be a professional singer and dedicated a song to the Lions. Not only did she do that, but after a recording session in L.A. the next day, she returned to sing for us again. I can't describe the felling I had knowing that this woman was where she was today because of the Lions.

Dave Hubbard

Seal Beach Host Lions.



Hearing & Speech Action News

Well, we all have our good days and our bad days, but I'm having way too many bad days. It's because we have less than half the Clubs in 4-L4 participating in Lions Hearing Aid Recycling Program (HARP). In the first quarter of 2008/09 we have collected 15 aids from District Clubs and 20 from outside sources.

Over the past three years we have collected 309 in 2005/06; 276 in 2006/09 and 233 in 2007/08 - a steadily diminishing performance. We are on track to get only 140 in 2008/09, so some changes are needed.

For some hints on how to get your Club started with HARP contact me at kcampbell5@socal.rr.com.

I will forward a few ideas and instructions which have been very useful to my Club, Huntington Beach Host. We are running a year-long EGHARP Contest, with members divided into two teams, collecting eyeglasses and hearing aids. Results are published monthly and the competition is fierce and fun. It is a game with rewarding results that all can play. Try it - you'll like it!

Keith Campbell, Chairman

4-L4 Hearing 7 Speech Action

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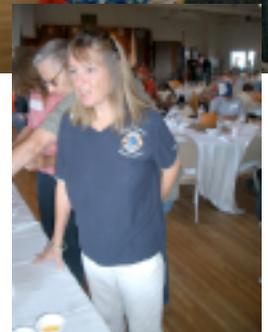


Casa Auction



Sailing for the Blind

On October 18, 2008, many Lions were seen at the Newport Beach American Legion Post, helping with Sail for the Blind and Visually Impaired. Members assisted in helping park cars, escort participants to their ship, and serve breakfast and lunch. It is really a worthwhile event and I encourage fellow Lions to participate in next year's event.





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The Growl

Seal Beach, California, U.S.A.

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McGaugh School Carnival Held on 10-18-2008



Catalina Trip

10/24 thru 10/26

On the last weekend of October many Lions enjoyed a relaxing weekend at Santa Catalina. They played golf, toured the island, visited the Avalon Lions Club and had a great time.



More information & updates at - <http://SealBeachLions.com>



Seal Beach Lions General Meeting Minutes October 1, 2008

Call To Order: 19:00

Pledge of Allegiance: Lion Carol Linehan

Invocation: Lion Jackie Maloney

City of Hope Prayer: Lion Renee Schulte

Lions Song: Lion Mike Maloney

Introduction of Guests: None

Announcements & Correspondence: Lion President Ray Longoria & Lions Secretary Bill Howes

Committee Reports:

Catalina Trip: Lions Dave Hubbard & Juliet Walters Reported on the events planned and asked for a show of hands of those who were going.

Chili Cook-Off: It will be on November 1st at Lion Dino Syrengelas's house. It was discussed about making it a combined Halloween Party/Chili Cook-Off

Casa Auction & Dinner Dance: Lion Dave Hubbard reported that they had great items up for auction this year.

McGaugh School Carnival: PDG Ellen Liebherr sent around a sign-up sheet.

Coastal Clean-Up Report: Lion Gary Denni reported that the event was a success and that we served 250 hotdogs to the volunteers.

Governor's Visitation: Lion President Ray announced that the Governor's Visitation had been rescheduled for November 3rd.

Peace Poster Contest: Lion Karen Russell reported that the packet has been ordered.

Holiday Party: Lion Bob Heenan reported that the party will be at the Old Ranch country Club and that it would be \$50.00 per person.

Garden Grove Golf Tournament: Lion John Duncan from the Garden Grove Lions Club talked about their Charity Golf Tournament.

Break for Dinner: 19:30

Reconvene: 19:40

Oktoberfest: Lion President Ray reminded us that the Huntington Beach Host's Oktoberfest would be the next evening at Old World Center in Huntington Beach.

Mystery Lion: Christene Craig

Treasure Chest: Lion Barbara Avakian picked the correct key that opened the Chest and won \$400.00

Tail Twister: Lion Brad Barras

Adjourn: 20:04



Seal Beach Lions Board Meeting October 1, 2008

Call to Order: 20:09

Roll Call: the following board members were present

Ray Longoria, Bill Hoews, Mike Gallipeo, Gary Denni, Gail Hubbard, Barbara Wright, Renee Schulte, Bob Heenan, Bruce Gormley, Brad Barras and Dave Hubbard.

Reading & Approval of Minutes: Motion was made to approve the minutes of our previous meeting as read. M/S/C Lions Dave Hubbard/Bob Hennen

Treasurer's Report: Motion was made to approve the Treasurer's Report.

M/S/C Lions Bruce Gormley/Dave Hubbard

Old Business: None

New Business:

1) Motion was made to vote Kent Maul into the club. M/S/C Lions Dave Hubbard/Bob Heenan

2) PDG Ellen Liebherr requested \$500.00 for the McGaugh School Carnival. Motion was made. M/S/C Lions Dave Hubbard/Gail Hubbard

3) Lion Bob Heenan requested \$1000.00 from the Administrative fund to use as a deposit on the room for the Holiday Party. Motion was made. M/S/C Lions Bruce Gormley/Mike Gallipeo.

4) Lion Bruce Gormley requested \$250.00 to re-fund the Treasure Chest. Motion was made. M/S/C Lions Barbara Wright/Gary Denni

5) Lion Mary Newton requested \$250.00 to pay for half of a foursome to play in the Garden Grove Lions charity Golf Tournament. Motion was made. M/S/Not carried Lions Bill Howes/Bruce Gormley.

Motion was made to adjourn. M/S/C Lions Bruce Gormley/Gary Denni.

Meeting Adjourned: 20:56

Blonde Guy Joke

An Irishman, a Mexican and a Blonde Guy were doing construction work on scaffolding on the 20th floor of a building. They were eating lunch and the Irishman said, "Corned Beef and Cabbage! If I get corned beef and cabbage one more time for lunch, I'm going to jump off this building."

The Mexican, opened his lunch box and exclaimed, "Burritos again! If I get burritos one more time I'm going to jump off too."

The blonde guy opened his lunch and said, "Bologna again! If I get a bologna sandwich one more time, I'm jumping too."

The next day the Irishman opened his lunch box, saw corned beef and cabbage and jumped to his death.

The Mexican opened his lunch, saw a burrito and jumped too.

The blonde guy opened his lunch, saw the bologna and jumped to his death as well.

At the funeral, the Irishman's wife was weeping. She said, "If I'd know how really tired he was of corned beef and cabbage, I never would have given it to him again!"

The Mexican's wife also wept and said, "I could have given him tacos or enchiladas! I didn't realize he hated burritos so much."

Everyone turned and stared the blonde guy's wife. The blonde's wife said, "Don't look at me. The idiot makes his own lunch."



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Seal Beach Lions General Meeting Minutes October 15, 2008

Meeting Called to Order: 19:00

Pledge of Allegiance: All Members

Invocation: Lion Carol Linehan

City of Hope Prayer: Lion Linda Stephenson

Introduction of Guests: Grace Knight & Lion A.Y. Olds

Announcements & Correspondence: Lion President Ray & Lion Secretary Bill

Committee Reports:

New Club Shirts: IPP Dave Hubbard announced that tonight was the last opportunity for those Lions who had ordered the new shirts to pick them up and after tonight they would be offered to any member who wanted one.

Casa Auction Report: IPP Dave Hubbard reported that everyone had a good time and spent money to support Casa Youth Shelter.

McGaugh School Carnival: Lion President Ray reported that PDG Ellen Liebherr had enough sign-ups to work and that the food had been purchased.

Sailing for the Blind: Lion Renee Schulte sent around the sign-up sheet for members to work at the Sail for the Blind.

Catalina Trip: Lions Dave Hubbard & Juliet Walters reported that everything was arranged and that the Avalon Lions Club would be joining us on Friday night at the welcoming get together.

Chili Cook-Off: Lion Dino Syrengelas reported that the Chili Cook-Off would be held at his house on November 1st and that it would also be a costume party with prizes for the best costumes.

Cabinet Meeting: Lion Carol Linehan reported that seven members from our club would be attending the cabinet meeting.

Holiday Party: Lion Bob Heenan reported that he had reserved the country club for the party and that there would be entertainment. The cost will be \$50.00 per person.

Steering Committee: Lion Dave Hubbard announced that the Steering Committee meeting would be held on October 22nd at Lion President Ray's house.

LCIF Nominations: Lion Dave Hubbard announced that it was time to submit nominations for members to receive this year's Melvin Jones Fellowships. Members who received them last year and members with less than two years service in Lions are ineligible to receive them this year.

Peace Poster Contest: Lion President Ray reported that Lion Karen Russell had received the materials for this year's Peace Poster Contest.

Adjourn for Dinner: 19:40

Resume Meeting: 19:50

Program: On resuming the meeting one of our guests, Grace Knight, thanked us for donating money to her for the Breast Cancer Walk. She walked thirty-nine miles over two days and each participant was expected to raise \$1800.00. The whole walk earned \$5,000,000.00.

Program Part II: our other guest, Lion Y.A. Olds talked to us about the event he was involved in raising money for the American Diabetes Society. He thanked us for our past donations and before he left Lion Treasurer Mike Gallipeo gave him a check for our donation for this year's event.

Mystery Lion: Lion Dino Syrengelas

Treasure Chest: Five keys were tried. No winners.

Tail Twister: Lion Brad levied the appropriate fines on the members.

Adjourn: 20:10

Lion Secretary Bill Howes.

Seal Beach Host Lions Club
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