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Dave Hubbard

Board of Directors:

George Dooley, Bob Heenan,
Judy O'Neill, Renee
Schulte, Scott Newton, Al
Chavez, Lorraine Chavez,
Barbara Wright.

Tail Twister:

Brad Barras

Lion Tamer:

Linda Stephennson

Membership Director:

Bruce Gormley

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President's message:



Well, how about this message number 6 already, seems like just yesterday I had writers block for the first time. It has been quite an interesting year so far. Started off with the fish fry and our car drawing - both wildly successful and now it is almost Christmas and New Years, half of the Lion's year has gone by.

It has been a lot of fun and I hope that you all have had as much fun as I have had. The Lion's annual Chili cook off is now a memory and thanks to Lin Dino for again hosting and doing a great job of keeping the rain away. Things are a little hazy but congratulations to Lion Alan Chavez who after entering his green chili for the 147th time finally took home the coveted: "Chili Master" trophy, or did he. He was fined at the first meeting after the Chili cook off because he forgot the trophy at Lion Dino's house. Should have taken it home and put it in his trophy case at his office. Lots on our plate this monthly starting with the annual Seal Beach Christmas Parade (or should I say Holiday parade or whatever the PC name is these days) on Friday, December 5 Lion Scott is heading up the logistics for the parade and he will also be in the parade as an honored Americana Award "Citizen of the Year". I will also be in the parade because I have to represent the Club as President. Wonder if they will let me bring a cooler in the car during the parade?

Christmas tree lot at Ghanal Lumber on 12/8 (see Lion Barbara), Breakfast with Santa at Marina Center on 12/13 (See Lion Juliette), Christmas at Casa Youth Shelter on 12/13 (see Lion Scott), and Shelter for the Homeless on 12/16 (See Lion Ellen). Please plan on working some of the above events as it will really bring home the spirit of the Holidays. Guess that is about it for now. See you guys at the meeting on December 3, it is the District governor's visit so wear something pink and behave. Don't forget Lions Christmas party coming up on Friday 12/12 at the Old Ranch Country Club. Mark your calendars, call Lion Bob Heenan to sign up - he already has 25 or so couples signed up and it should be a lot of fun. I know I have probably forgotten something so remind me next time we meet. Thanks.

Yours in Lionism

Lion Ray

Meeting schedule: First and Third Wednesday of the month. Meetings begin at 7pm sharp and are held at 'The Lone Star SteakHouse', 6575 E. Pacific Coast Highway, Long Beach, CA



Club Calendar

Monday, December 1, 2008, Christmas tree Lot, 4:45 PM

Wednesday, December 3, 2008, General Meeting, Governor's Visit and Board Meeting, Lone Star Steakhouse, 7:00 PM

Friday, December 5, 2008, Seal Beach Christmas Parade

Monday, December 8, 2008, Christmas tree Lot, 4:45 PM

Friday, December 12, 2008 Club Christmas Party, Old Ranch Country Club

Saturday, December 13, 2008, Breakfast with Santa, 8 AM

Christmas at Casa

Tuesday, December 16, 2008, Shelter for the Homeless charity dinner 5:30 PM

Wednesday, December 17, 2008, General Meeting, Lone Star Steakhouse, 7:00 PM

Thursday, December 25, 2008, Christmas Day.

Happy Birthdays to:

Margie Garcia 12/3

Bruce Gormley 12/3

Mary Newton 12/3

Nick Bolin 12/5

Scott Newton 12/21





Governor's Message

Greetings to all Lions, Leos and Friends of 4-L4:

A few days ago I was lucky enough to take part in Project LOOK in Tecate, Baja California, Mexico. This is an international endorsed project of District 4-L4 that began in 1966. I had served on the committee under chairman Lion Joan Parks of Harbor Mesa Lions Club and volunteered in Project LOOK clinics in Tecate, Ensenada and Santa Ana. The current chairman, Dr. Moshen (Moe) Allinaghian, got together a group of dedicated doctors, spouses, assistants and lion volunteers, and off we went. We were able to test 210 needy children, and of those, approximately 185 needed to have glasses. The frames are donated, and funding from donations covers the fabrication of the new lenses. Not used frames or lenses are used in this project. Some doctors return after the main clinic and fit the new eye glasses.

Besides the satisfying feeling that we had served those who need us, we also had a fun time with the Tecate Lions who made us feel so welcome. Talk about combining service with pleasure - isn't that part of being a Lion?

The next few months see an emphasis on the young people in our District. I am looking forward to seeing all the Peace Poster entries and choosing the best one to send to MD4. The Leos are gearing up for their Float decorating day in Pasadena and they are also helping to fill the gaps on the days when some districts might not be able to get enough people. I don't think 4-L4 will have a problem with that. If you want to decorate, contact Lion Jack Tanaka. Our days are Saturday, December 20 (9am-1pm) and Monday, December 29 (8am-4pm).

Arrangements for the Teen Recognition celebration are well under way, and in the very capable hands of Lion John Doogan, and of course, our Student Speaker program begins in January/February. All our Leo clubs are continuing to do their outstanding work in helping to serve their local communities. I think the future of our country is in good hands!!

The holidays are not too far away, and I know that all of you will be thinking of ways to help the less fortunate in your areas. I look forward to hearing about all your good deeds in your monthly reports.

Always you're in Lionism,

Elizabeth

District Governor



Hearing & Speech Action News

This month I'm going to throw some numbers your way and with a little help, let you do the math!

1. A recent survey by the Better Hearing Institute found 31 million Americans admit to a hearing loss.
2. Only 23% are being helped with hearing instruments (7.13 million)
3. Hearing aids are the necessary treatment for 90-95% of the people with hearing loss.
4. The impact of hearing loss on "quality of life" affects nearly every dimension of human experience, including:
 - . Physical health
 - . Emotional and mental health
 - . Others' perception of a person's mental acuity
 - . Social skills
 - . Family relationships
 - . Self-esteem
 - . Work and school performance

Hearing loss is shown to negatively impact household income by up to \$12,000.00 per year. However, the use of hearing instruments is shown to mitigate the effects of hearing loss on income by 50%. In total, the annual cost in the United States relative to lost income is estimated to be more than \$100 billion. This study shows that people with mild, moderate or profound losses were all negatively impacted to some extent on virtually every dimension of the human experience.

Why am I telling you all this, when "only" 10-12% of the population are affected with hearing loss? Because these are people we all deal with every day - friends, neighbors, relatives and immediate family members. It has been said that "No man is an island", and we are all affected, for better or worse, by our relationships with others. Mom has to work because Dad's income is inadequate. Kids skip college and miss out on opportunities for real contributions to society. Your brother misunderstood a phone conversation and you are stuck without a ride to church. Now what do we do about all this?

We are Lions, aren't we? We raise money to support Wilderness Camp, and Hearing Aid Bank, sight 7 hearing screening; we recycle hearing aids, don't we? Don't you? And if not - why not?

Keith Campbell, Chairman - 4-L4 Hearing & Speech Action
714-536-9813
kcampbell5@socal.rr.com

P.S. LCI's goal is 50% of District clubs involved in Hearing 7 Speech Action. Since 4-L4 is one of the top performers in MD-4. I think your goal should be 90%



Membership

This is a group I'd like to be a part of

When you joined your Lions club, I would guess that one of the determining factors for you joining was that fact that you're Lions Club was made up of a group that you wanted to be a part of. If this is true, do you exhibit the same for others interested in joining your club? Most people want to feel they are part of something. They choose the groups they want to join by how they are made to feel within the group. If they leave with a good feeling and like what they see and hear, they are likely to join.

When we talk about our Lions Clubs, we should be sharing our enthusiasm with them. Let them know how we feel about being a part of the world's largest service organization. Be proud of your club's accomplishments as you share them. Be open to suggestions from interested individuals. If we are excited they become excited and vice versa. Invite them to work on a service project or fundraiser. They will likely say, "This is a group I'd like to be a part of."

Dave Hubbard

Membership Chairman

Region Chairman's Message

"The best and most beautiful things in this world cannot be seen or even heard, but must be felt with the heart": Helen Keller. The Orange County Korean Club fund raising chairperson this year is Lion Sung Koon Baek. Lion Sung has been a member of the club for fourteen years. He joined Lions because he wanted to help the less fortunate. The Club provides every year fifteen high school seniors \$1,000.00 scholarships apiece. They have an application form which the students must fill out. It encompasses their GPA, their SAT score, teacher's recommendations and parent's tax returns. Lion Sung explained that they want to help underprivileged students who would not be able to afford college. President Lion Kee-Sun Hong, who has been a member for six years, joined Lions because of the service Lions provide. He particular enjoys his club's friendly, family atmosphere. I learned at the Governor's Visitation that the wives of the members also attend the club meetings. President Lion Kee-Sun made the decision that all 19 members needed the commemorative Rose Float Pin that Vice District Governor Judy is selling to raise money for MD-4

Lions Float, Inc.

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen." Author Anonymous. Seal Beach Host Lions members were everywhere over the weekend. Chairperson and Zone C Chair Lion Renee Schulte had a group of members volunteering at the annual Sail for the Blind and visually Impaired in Newport Beach. Chairperson and Past District governor Lion Ellen Liebherr and her crew of Lions and Leo cooked hamburgers, hot dogs and vegetarian burgers at the McGaugh School Carnival. This year besides cooking the Seal Beach Host Lions Club also donated the food that was served. This provided \$1,250.00 profit to the School Carnival. Chairperson Lion Dottie Palaski and her crew cleaned Edison Park in College Park East for the community. Lion Dave Hubbard worked at Silverado Days at the Buena Park Noon Lions Club booth.



Your Fellow Lions

I was born in Camden, New Jersey but I spend my childhood in the bucolic town of Pheonixville, Pa., just east of Valley Forge on a farm, thus the great history of America was a huge influence on my life.

I attended Deland High School in Deland Florida near Daytona Beach. During my time at Deland High I started my first job a baby-sitting company. After graduation I went to Daytona Beach Regional College and then on to Western Carolina University in Cullowhee, North Carolina.

I have two children, James Cray Thompson, Jr. and Rachel Castellanos, DVM and three grandchildren Skylar (7), Megan (6) and Brooke (3). These three granddaughters understandably light up my life.

I enjoy running, swimming and biking which help me train for the Newport Triathlon each spring. Reading, writing and gourmet cooking are my favorite non-athletic pastimes, allowing my to creatively expand my family and friends waistlines. I have been fortunate to have traveled to more than half the countries in the world while working for Hyatt Hotels Corporation for 18 years. Cultural food is of great interest to me.

In my current job I work with my husband Geoff Knowles, we started a Meeting and Event company called Catalina Bay Design. Obviously, I have always enjoyed a great party so its lots of fun to plan events and trips for other people.

I joined the Lions because five people in my morning coffee group were always taking about what good stuff the Seal Beach Lions club was always doing. One of my special friends Erik had great things to say about Lions so it seemed an appropriate thing to join at this stage of my life. I love this small seaside town and would like to give something back to the community in which I live to show my appreciation that there are great American Qualities still working.

I will say my first meeting was a revelation and I left thinking, "what a wonderful bunch of people except that FINE YOU guy." But even he has validity! And now after 6 months, I feel that my decision to join was the right thing to do. I am very excited about working on Santa's breakfast with a little help from my new friend Marilyn!

Juliet Foulds Walters



Sailing for the Blind and Visually Impaired 2008

On a crisp, sunny, Saturday morning in October, many Seal Beach Host Lions and their guests made their way to the American Legion Yacht club in Newport Beach to support the 19th Annual Sail for the Blind and Visually Impaired event. This is an inspiring project which is sponsored by WORSA (Women's Ocean Racing Association). The all day event provided those individuals either partially or totally visually impaired breakfast, lunch, entertainment and the chance to board a sailing vessel and cruise Newport Beach Harbor!! For some it was the first time being a "deckhand". Our Seal Beach Lion volunteers enjoyed a nice breakfast before we started our service tasks. These included, but were not limited to, some administrative duties, food (breakfast and/or lunch) preparation and delivery; clean up of both and most importantly, escorting each sight impaired "Guest" to the highlight of this annual event: meeting their skipper and boarding the sailing vessel. Their captain then sails the harbor for approximately two hours. Concurrently, their guide dogs were enjoying some play time running around a fenced in grassy area, fetching toys and romping in their water bowls. Some of our Lions were seen playing with them also. We could have volunteered all day. Most of our Lions spent an average 2 to 5 hours, but generally long enough to have escorted every "deckhand" to their predetermined vessel. Although the majority of these special visually impaired could not appreciate, fully the sights of the harbor, they could hear the sounds of the birds and lapping of the waves, they could feel the movement of the boat and the wind in their hair, the sun on their cheeks. The smiles on their faces said it all. WE SERVE, and community service and giving back takes on many definitions in Lionism. This event will take place again next year: get involved if you can, you will be moved.

Seal Beach Host Lion Renee, 2008
Chairperson

Sail for the Blind and Visually Impaired.

More information & updates at - <http://SealBeachLions.com>

Governor Elizabeth's Visitation

District governor Elizabeth Warren will be visiting our club on Wednesday, December 3rd. This will be her last official visitation. Elizabeth fell over her sprinklers and missed our original visitation in October. Please if you can wear something pink (that's her colors) or because she is from England and everyone is kidding her about being Queen wear a crown. Governor Elizabeth besides giving us her Governor's spill will also be inducting all new members who have joined our club since July 1st. This should be a fun packed evening. Lion Dewey is trying to come up with an appropriate song.

Orange Region Chair Lion Carol Linehan

Interval House Christmas Gift Certificates

Interval House located in Seal Beach is a shelter for abused women and their children. Last weekend Lion Matt Murphee had a special concert to raise money for Interval House at Kona Restaurant.

For the past several years our club has purchased Gift Certificates to Target and Ralph's in \$25 denominations for Interval House. Like many charities this year the donations have fallen and the recipients have grown.

This year if you would like to make your own donation to Interval House please bring your gift Certificate to the December 3rd meeting. The Gift Certificate can be to any establishment and can be any denomination.

Lion Mike Gallipeo will be taking all the gift certificates to Interval House after the December 3rd meeting.

Thanks Lion Carol Linehan



**SEAL BEACH LIONS
GENERAL MEETING MINUTES
NOVEMBER 5, 2008**

MEETING CALLED TO ORDER: 19:00

PLEDGE OF ALLEGIANCE: Lion Carol Hamburger

INVOCATION: Lion Marilyn Redd

CITY OF HOPE PRAYER: Lion Dewey Linehan

INTRODUCTION OF GUESTS: Stacy Byone was introduced

ANNOUNCEMENTS AND CORRESPONDENCE: Lion President Ray & Lion Secretary Bill

COMMITTEE REPORTS:

PEACE POPSTER REPORT: Lion Karen Russell reported that 65 students from Oak Middle School participated and Kaylee Ellebrecht won. She will be going on to the District level competition.

CATALINA TRIP REPORT: Lions Dave Hubbard & Juliette Walters reported that everyone had a good time. Everyone agreed that we should make it an annual event.

CHILI COOK-OFF: Lion Dino reported that the Chili Cook-Off was a great success. Lion Alan Chavez won first place. Lion Brad Barres won first place for best costume.

MCGAUGH SCHOOL CARNIVAL: PDG Ellen Liebherr reported that nine Lions worked cooking hotdogs. Our guest, Stacy Byone, from McGaugh School PTA thanked us for our help and reported that they made \$60,000.00.

SAILING FROM THE BLIND: Lion Renee Schulte reported that she had good participation from our club and the blind participants really enjoyed sailing around Newport Harbor.

YOUTH CENTER TREE LOT: Lion Barbara Wright announced that she will have a sign-up sheet at the next meeting for Lions to work at the lot.

BREAK FOR DINNER: 19:34

RECONVENE: 19:35

MYSTERY LION: Ellen Liebherr

TREASURE CHEST RAFFLE: No winner tonight.

TAIL TWISTER: Lion Brad levied well deserved fines on various Lions.

MEETING ADJOURNED: 19:57



Seal Beach Host Lions Club

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SEAL BEACH LIONS BOARD MEETING NOVEMBER 5, 2008

CALL TO ORDER: 20:05

THE FOLLOWING BOARD MEMBERS WERE PRESENT:

Ray Longoria, Bill Howes, Mike Gallipeo, Gary Denni, Marilyn Redd, Gail Hubbard, Alan Chavez, Lorraine Chavez, Barbara Wright, Renee Schulte, Judy O'Neill, Bob Heenan, George Dooley, Bruce Gormley, Brad Barras and Dave Hubbard.

READING AND APPROVAL OF OCTOBER 1st BOARD MEETINGS MINUTES:

Motion was made to approve the minutes as read. M/S/C Lions Dave Hubbard/Gary Denni.

TREASURER'S REPORT: Lion Treasurer Mike Gallipeo reported that the Club has \$9397.70 in the Administration Fund; \$1020.20 in the Car Fund; and \$54,508.10 in the Charitable Trust Fund. Motion was made to approve the Treasurer's report M/S/C Lions Dave Hubbard/Bruce Gormley

OLD OR UNFINISHED BUSINESS: None

NEW BUSINESS:

2008/2009 CHARITABLE GIVING BUDGET: Lion Dave Hubbard presented the recommended Charitable Giving Budget for this year from the Steering Committee. Motion was made to approve the report. M/S/C Lions Bill Howes/Alan Chavez

MOTION WAS MADE TO ADJOURN: M/S/C Lions Dave Hubbard/Bruce Gormley.

MEETING ADJOURNCED: 20:12



HOT CROSS PUNS

1. A grenade thrown into a kitchen in France would result in Linoleum Blownapart.
2. Two silk worms had a race. They ended up in a tie.
3. Time flies like an arrow. Fruit flies like a banana.
4. A hole has been found in the nudist camp wall. The police are looking into it.
5. Atheism is a non-prophet organization.
6. Two hats were hanging on a hat rack in the hallway. One hat said to the other, 'You stay here; I'll go on a head'.
7. I wondered why the baseball kept getting bigger. Then it hit me.

More information & updates at - <http://SealBeachLions.com>



Seal Beach Host Lions Club

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SEAL BEACH LIONS GENERAL MEETING NOVEMBER 19, 2008

MEETING CALLED TO ORDER: 19:00

PLEDGE OF ALLEGIANCE: Lion Bruce Gormley

INVOCATION: Lion Carol Linehan

CITY OF HOPE PRAYER: Lion Dave Hubbard

LIONS SONG: Lion Dewey Linehan

ANNOUNCEMENTS 7 COMMUNICATIONS: Lions Gary Denni & Bill Howes

COMMITTEE REPORTS:

LIONS CHRISTMAS PARTY: Lion Bob Heenan sent around a sign-up sheet and flyers for the event which will be on December 12th.

SEAL BEACH CHRISTMAS PARADE: Lion Bruce Gormley reported for Lion Scott Newton who was unable to attend the meeting that there are 82 groups signed up to participate in the parade. He sent out a sign-up sheet for volunteers.

CHRISTMAS TREE LOT: Lion Barbara Wright sent around a sign-up sheet for volunteers to work at the Los Alamitos Youth Center Christmas tree lot.

BREAKFAST WITH SANTA: Lion Juliette was not at the meeting but a sign-up sheet was passed around.

CASA YOUTH SHELTER: Lion Scott was not at the meeting, but Lion Bruce explained what it entailed.

GOVERNOR'S VISITATION: Lion Carol Linehan reminded us that the governor's Visitation was going to be the next meeting and asked that we wear something pink in her honor.

SHELTER FOR THE HOMELESS: PDG Ellen Liebherr reported that she would be serving dinner for the homeless families on December 16th and anyone who wished to help out could just let her know.

INTERVAL HOUSE: Lions Carol Linehan and Jacquie Howes asked everyone to bring a gift card to the next meeting to be donated to Interval House to help give the kids a good Christmas.

GUEST SPEAKER: Howard Brief talked about wills and trusts. It was very informing.

BREAK FOR DINNER: 19:20

RESUME MEETING: 19:35

MYSTERY LION: Carol Hamburger

TREASURE CHEST: No winner

TAIL TWISTER: Lion Brad Barres levied various well deserved fines.

MEETING ADJOURNED: 20:18

SPECIAL NOTE

As mentioned in the minutes of the November 19th meeting, Howard Brief gave a very interesting talk about Trusts and Wills. If you wanted to contact him, his phone # is 562-431-3559 and address is 222 Main Street in Seal Beach.

Seal Beach Host Lions Club
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